



Redbud Equine Veterinary, PLLC

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## **Equine Osteopathy Demonstration**

### **What is it?**

Osteo=bones Path=route; way

The goal of an osteopathic adjustment is to restore motion in all joints, based on anatomy to allow proper nerve conduction and blood flow to muscles and tissue for maximum health, comfort, and performance.

The definition according to Andrew Taylor Still, MD in 1892 "Osteopathy is the scientific knowledge of anatomy and physiology, applied through the trained and experienced hands of the therapist to help the suffering patient after strain, overstrain, shock, accident, mechanical disorders, and wounds.

### **How could your horse benefit?**

Almost any horse can benefit from an osteopathic adjustment. It can enhance the performance of a show horse in competition to the comfort of your retired friend. Restoring the normal range of motion of the bones/joints can help propulsion from behind, stiffness or one-sidedness, lead changes, sore backs, etc.

"Every horse needs a good farrier, a good dentist, and a good osteopath." Janek Vluggen of the Vluggen Institute of Equine Osteopathy and Education.